

### RISE KRISHNA SAI GANDHI GROUP OF INSTITUTIONS

Approved by AICTE-NEW DELHI, Affiliated to JNTUK KAKINADA NH-16, Valluru, -523272. Ongole, Prakasam District. A.P., India



# ANNUAL REPORT OF NSS COMMITTEE ACTIVITIES (ACADAMIC YEAR 2018-19)

S. No	Name of the Activity	Year of the Activity	Program Dates
1	International Yoga Day	2018-19	21-06-2018
2	Basic Life Support	2018-19	16-09-2018
3	Ozone Day-Tree Plantation	2018-19	16-09-2018
4	Blood Donation Camp	2018-19	22-09-2018
5	World Heart Day	2018-19	29-09-2018
6	Gandhi Jayanthi	2018-19	02-10-2018
7	Discourse on the Women Safety	2018-19	28-11-2018
8	Awareness on the AIDS	2018-19	01-12-2018
9	Celebrations of Constitution Day	2018-19	26-12-2018
10	Sankranthi Sambaralu	2018-19	10-01-2019 to 13-01-2019
11	Republic Day	2018-19	26-01-2019
12	International Women's Day	2018-19	08-03-2019

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# **International Yogaday**

Date: 21.06.2018

Venue: RISE Campus

No. of Participants – Youth from the nearby village (97members)

Collaborated agency:Pyramid yoga

On the International Yoga Day, Yoga Guru Sastry Garu is invited to the Campuswhere he has given demonstrations to the youth of Valluru after briefing them about the importance of Yoga. He made two batches of the participants to perform Yoga under his keen direction and observation.

Meditation, the cornerstone of the program, followed the yoga session. The room transformed into a sanctuary of peace as Mr. Balasubramanyam led the participants through guided meditation. The soothing words, coupled with the tranquil ambiance, allowed the participants to delve into a realm of relaxation, releasing the accumulated stress from both body and mind. During the interactive sessions, Mr. Balasubramanyam patiently addressed personal health concerns raised by the participants, offering remedies and suggestions tailored to individual needs. His expertise and dedication shone through as he shared the wisdom of yoga, not just as a physical exercise but as a holistic approach to life. For the working women in the audience, the yoga sessions became a haven—a space where they could replenish their emotional strength to tackle the challenges of nurturing a home, excelling in their careers, and managing the complexities of daily life.

The three days of integrated scientific yoga left an indelible mark on the participants. The transformative power of yoga became evident as they walked away with calm minds, improved concentration, and a sense of rejuvenation. The echoes of "Om" lingered in the air, creating a lasting reminder that a few minutes of yoga and meditation could indeed be a great remedy for the stresses that life throws our way. As the participants dispersed, carrying the teachings of yoga into their lives, the RISE Krishna Sai Gandhi College of Engineering stood proud, knowing that it had not only imparted knowledge but had also contributed to the well-being of the minds and bodies within its academic community. The journey towards a balanced and harmonious life had begun, and the spirit of yoga would continue to resonate within the walls of the institution, touching the lives of many for years to come.

#### Outcome of the Event:

Increased awareness of yoga promotes better physical and mental well-being in individuals.

Yoga awareness leads to improved stress management and enhanced overall health in the community.

Greater knowledge about yoga encourages regular practice, fostering a balanced and harmonious lifestyle.

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# Basic Life Support in collaboration with Ramesh Sanghamitra hospital

Date: 16.09.2018 Venue: RISE INDIA No. of. Participants:150

Collaborated agency: Ramesh Sangamitra hospital

RISE NSS unit in collaboration with Ramesh Sanghamitra hospital, Ongole has conducted a life saving skill demonstration at the time of sudden unconsciousness, heart stroke or in short fall of breath.

For this purpose Dr. Sree Hari Reddy along with his team arrived and gave children a hands-on experience.

#### Profile of the Guest:

Dr. Sree Hari Reddy is Eamcet State 20<sup>th</sup> rank holder from Osmania medical college from 1992- 1998.

He worked at Jamaica (West Indies) as senior consultant in emergency department from 2000- 2009.

He worked at Vinayaka mission university (MD) in accident and emergency department from 2009-2012

He worked as assistant professor and HOD of Emergency Department at Santhiram medical college from 2012-2014.

Now he is working at Ramesh Sanghamitra hospital, Ongole as HOD of Emergency department and consultant.

He is also certified BLS, ACLS instructor for American heart association.

#### **Outcomes of the Event:**

- Demonstrating life-saving skills increases community readiness to respond to emergencies.
- Enhanced awareness results in more individuals equipped to perform CPR and first aid when needed.
- Life-saving skill demonstrations lead to a safer environment and higher changes of saving lives in critical situations.

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# Ozone Day - Tree plantation & Rally

Date:16.09.2018

Venue: RISE CAMPUS and ONGOLE

No. of students participated: 50

On the eve of **Ozone day** the NSS unit of RISE College celebrated the ozone day in the premises of RISE College on 16-09-2018. This program was initiated by NSS P.O and volunteers and the students of all sections who were supported by the management. The chairman, Sri. I.C.Rangamannar garu, Vice chairman Sidda venkateswarlu garu, Director Sri. Subbaiah garu, Principals, all the branches HODs', and Faculty of Rise Krishna Sai Group of Institutions and all the dignitaries attended the program.

The dignitaries assembled at the venue to celebrate the event, students honored the dignitaries with the bouquets. Around 150 saplings are planted by the dignitaries in the premises of Rise College ground. While addressing the students the chairman mentioned about the significance of an environment and he also mentioned that "Environment is getting polluted from day to day. If this is goes on increasing, there will be a chance of occurrence of degradation of the earth". He suggested some precautionary steps to protect the environment. He appreciated the efforts of the NSS volunteers and the staff members for conducting the awareness programs.

A rally was conducted by the students which was lead by all dignitaries by flying the pigeons into the open sky indicating the contribution of free atmosphere. The dignitaries released green balloon into the air symbolizing environment. After completion of the rally, a meeting was conducted where students expressed their views. Some of the students gave speeches on measures to control the pollution in the environment and to protect the ozone layer. They elevated that "awareness should be created in the public about the environment to

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protect the ozone layer; otherwise we may not give a better environment for the future generations. They also discussed the rights of the students and their roles in saving the ozone layer and in preserving the environment from pollution

#### **Outcomes of the Event:**

- Ozone Day tree plantation and rally initiatives contribute to environmental conservation and air quality improvement.
- Increased awareness about the importance of the ozone layer leads to more active participation in tree planting activities.
- Tree planting and rallies on Ozone Day promote a greener and healthier environment, inspiring future generations to protect our planet.

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# **Blood Donation Camp**

Date: 22.09.2018

**Venue: RISE COLLEGE No. of Participants – 108** 

Collaborative agency: Lions Club

National Service Scheme, RISE KRISHNA SAI GANDHI GROUP OF INSTITUTIONS Unit in collaboration with the Lions' club was organized a voluntary Blood Donation Camp in the premises of RISE college on 22-9-2018 from 10am-4pm.

Sri. Palapati Vishnu Vardhan Rao president of Lions Club' inaugurated the camp and appreciated the efforts of the donors and volunteers towards this noble cause. According to him, blood donation is the best service to the human kind. By donating the blood, one helps the needy and may save a precious life. To the young and healthy it's no loss. To sick it is hope of life. He also insisted the quote of "Service to humanity is service to God"

There was great deal of enthusiasm among the students during the camp. A team of doctors from RIMS hospital collected the blood from donors. "A total of 200 people turned out to donate blood during this 6 hour camp but altogether 108 were able to successfully donated blood", said Mr. K.S.J Prakash garu P.O of NSS RISE Unit. This was the first time in RISE that registered a record number of 108 students & staffs participated in donating the blood.

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The enthusiasm of RISE community was great and many people came to donate blood even after the official timing was over" said secretary of Lions's club Sree Edara Rangarao. The event was graced by the chairman Sri I.C.Rangmannargaru, and the principal of both colleges. They all appreciated the efforts of NSS RISE Volunteers who organized this camp with such an enthusiastic response and a total number of 108 donors and congratulated NSS RISE Unit for coming forward to organize such events of social benefit and also assured to support such similar events in the days to come.

At the end of the program refreshments, certificates & donor cardswere given to all the donors.

#### Outcome of the Event

- Blood donation camps save lives by collecting essential blood units to meet medical needs.
- Increased awareness of the importance of blood donation leads to a more responsive and altruistic community.
- Hosting successful blood donation camps ensures an adequate and readily available blood supply, enhancing emergency healthcare services.

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#### **WORLD HEART DAY**

Date: 29-09-2018 Venue: ongole

No. of Participants :50 Students and staff of KIMS

Collaborative agency: TDP MLA Sri Damacharla Janardhan garu,

KIMS- management and doctors

RISE NSS Unit in collaboration with KIMS management conducted awareness rally to stay fit and keep heart healthier. This WORLD HEART DAY was initiated with a tagline "ONEWORLD, ONE HOME, ONE HEART" and saying to Create a Heart – Healthy Environment.

Rally was started at church center, Ongole and till the Kurnool road flyover. Several Participants from different colleges also participated independently along with the students, doctors and KIMS hospital management.

#### **Outcome of the Event:**

- World Heart Day rallies raise awareness about heart health, encouraging people to adopt healthier lifestyles.
- Increased awareness leads to better cardiovascular health practices and a reduced risk of heart disease.
- World Heart Day rallies promote heart-healthy habits, ultimately contributing to a healthier and more heart-conscious community.

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# **GANDHI JAYANTHI CELEBRATIONS**

Date : 02-10-2018

Venue : open ground

No. of Participants : Students and Faculty

Guest Details : Minister Sri Sidda Raghava Rao,

MLADamacharla Janardhan, ex-MLA Karanam Balram,

Dara sambaiah, college management

Collaborated agency: LIONS CLUB ONGOLE

NSS volunteers have participated in celebrating BIRTHDAY OF MAHATMA GANDHI- "Who fought for the country with peace and nonviolence as weapon and made the bruisers to run away from our country.so its our honor to celebrate the birthday of BAPUJI" said by the college chairman I.C. Rangamannar Garu. All the HOD's and staff participated in making this event a grand success.

Chairman Sri I.C Rangamannar Garu, Vice Chairman Sri Sidda Venkateswara Rao, Director Sri T.V Subbaiah Garu, and Principals of both the colleges are honored by the NCC cadets and headed towards the Flag hoisting arena. Vice Chairman Sri Sidda Venkateswara Rao Garu offered a coconut to the flag and hoisted the flag. Then the gathering raised their voices at once with enchanting 'Jai Hind'. After wards some of the girl students sung some patriotic songs. The speeches of all the dignitaries filled everyone's heart with patriotic feel. The program ends with the National Anthem Janaganamana. After wards some sweets were distributed to all the students and faculty members.

Hence, I would like to thank the coordinators of NSS Cell, JNTUK for their guidance and support and encouragement to organize these kind of programmes in our college.

The programme is followed by plantation in the campus.

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# Lecture on Women safety

Date:28-11-2018 Venue: RISE INDIA No. Of Participants: 250

Collaborated agency: State Women Rights Commission, WD&CD Dept and National Commission

for Women

National Service Scheme, RISE KRISHNA SAI GANDHI GROUP OF INSTITUTIONS Unit & RAGA in collaboration with State Women Rights Commission, WD&CD Dept and National Commission for Women, an interactive session has been organized in the premises of RISE campus on 28-11-2018 from 11am-3pm.

Focusing on the Child Marriage and Compulsory Registration of Marriage Act as theme, Mrs. Nannapaneni Rajkumari garu, chairwoman of AP state Women's Commission and Telugu Desam Party leader. She is a MLC and an official spokesperson for the TDP, as chief guest, Smt. T. Ramadevi, member of Women's Commission Member, Member Aruna, Jyothi Priya, along with her team and Principal of RISE Dr K.V. Subrahmanyam garu brought forth the program letting students to know about the child marriages, dowry and marriage registration Act.

There was great deal of enthusiasm among the students during the speech. A team of Women Commission showed their efforts to create awareness on the above theme and congratulated NSS Unit for coming forward to organize such events of social benefit and also assured to support such similar events in the days to come.

#### Outcomes of the event

- Increased community awareness leads to a reduction in child marriages, promoting girls' well-being and education.
- Heightened awareness empowers women to report and address safety concerns, creating safer communities.
- Improved access to support services for women enhances their safety and overall quality of life.

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# **AIDS awareness Rally**

Date:01-12-2018 Venue: Ongole

No. of Participants: 50 volunteers. Collaborated agency: RIMS Hospital

Place: Ongole church centre and RIMS (Govt. Hospital premises)

NSS Unit organized HIV/AIDS awareness rally programme on 1st DECEMBER 2018, WORLD AIDS DAY to aware the students about the ill-effects of AIDS. The programme started at 10:15am with the NSS coordinator, 50volunteers and the staff of RIMS Even red ribbon was worn by all which stands for 'solidarity with HIV-positive people and those living with AIDS'.

Rally was conducted from RIMS compound t church center giving the slogans be safe don't spread virus.

#### Out Come of the Event:

#### Increased Knowledge about HIV/AIDS

Students' AIDS awareness rally successfully imparts basic information about HIV/AIDS, including its transmission, prevention, and the importance of regular testing.

### Reduced Stigma Surrounding HIV/AIDS

Through personal stories, testimonials, and open discussions during the rally, students contribute to reducing the stigma associated with HIV/AIDS.

#### **Encouraged HIV Testing**

The rally encourages attendees to take proactive steps in their health by promoting HIV testing. As a result, more individuals within the community, especially students, decide to get tested for HIV, leading to early detection, timely treatment, and a lower risk of transmission

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# **CELEBRATIONS OF CONSTITUTION DAY**

Date:26-12-2018

Venue: RISE Campus

No. of Participants – All students(280)

Collaborated agency: RISE Group of institutions: ongole

In adherence to the directives received from the university, the esteemed RISE KRISHNA SAI GANDHI GROUP OF INSTITUTIONS undertook a series of impactful activities aimed at fostering intellectual growth and promoting civic awareness within its student body. The multifaceted event, organized by the college's National Service Scheme (NSS) unit, unfolded within the inspiring confines of the college premises.

#### Preamble Recitation and Academic Engagements:

At the onset of the day, students across all classes were guided to commence their sessions by reading out the Preamble. This not only instilled a sense of constitutional consciousness but also set the tone for the day's academic pursuits.

#### **Diverse Activities:**

The NSS unit orchestrated a diverse array of activities in alignment with the university's instructions. Paramount among these was the organization of a Mock Parliament, providing students with a practical understanding of legislative proceedings. Additionally, the college resonated with the fervor of spirited debates and eloquent expressions as elocution and debate competitions unfolded simultaneously.

#### **Elocution and Debate Competitions:**

The management, comprising eminent personalities within the institution, assumed the roles of chief organizers for the day. Under their able guidance, elocution and debate competitions were conducted with precision and enthusiasm. Winners of these intellectually stimulating contests were accorded due recognition, receiving certificates from the distinguished trio of the Chairperson, Director, and Principal.

#### Civic Consciousness and Intellectual Nourishment:

The holistic approach of the event extended beyond competitions to encompass enlightening lectures and essay competitions. Students were encouraged to articulate their thoughts on critical issues, thereby fostering a culture of intellectual discourse and critical thinking within the academic community.

#### Conclusion:

The Academic Enrichment Day at RISE KRISHNA SAI GANDHI GROUP OF INSTITUTIONS was not merely a compliance with university guidelines; it was a manifestation of the institution's commitment to holistic education. By intertwining the fabric of constitutional awareness, parliamentary founds, and intellectual prowess, the event encapsulated the essence of academic excellence and civic responsibility. Through such initiatives, the college continues to shape its students into informed, responsible citizens poised to contribute meaningfully to society.





# Swarnandhra Sankranthi Sambaralu

Date: 10-01-2019 to 13-01-2019 Venue: RISE CAMPUS

No. of. Participations: All the Students & Home makers from near by villages

RISE NSS unit has taken privilege of celebrating the festival Sankranti in the rise campus.

Being a festival that celebrates the solar cycle, it usually falls on the same Gregorian date every year. The festivities are known by various names such as Lohri by north Indian Hindus and Sikhs, Makara Sankranti (Pedda Pandaga) in Karnataka and Andhra Pradesh, Sukarat in central India, Magh Bihu by Assamese, and Pongal by Tamils.

The Management, staff and students of RISE KRISHNA SAI GANDHI GROUP OF INSTITUTIONS celebrated "Sankranthi Sambaralu" in the college premises .The students and the villagers dressed in their traditional best decorated the premises with Rangoli and took part in various activities.

Entire corridor of the campus is beautifully decorated by the students, who took it as a fun activity. The entire college wore a colorful look with Rangolies. Students and village women decorated the Rangolies by keeping "Gobbemmas" at the center of Rangolies. The initiative was appreciated by, Principal of the college and in his Sankranthi wishes message he addressed the participants, to fly high on their Dreams and aspirations like a kite, but stay grounded on your values like the string that holds the kite.

This occasion went for 3days where participants enjoyed a lot with different activities like rangoli,dance, skipping, kite flying, and so many cultural activities.

Many competitions were conducted for all the participants and prizes were distributed to the winners

#### Outcome of the events

- Celebrating Pongal festival with competitions empowers homemakers and showcases their talents and creativity.
- Increased awareness about Pongal traditions and competitions promotes cultural preservation and community engagement.
- Homemakers participating in Pongal competitions experience a sense of accomplishment, fostering a stronger sense of community and celebration.

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# **Republic Day**

Date:26-01-2019 Venue: RISE Campus

No. of Participants - All students

January 26<sup>th</sup> is a gala day for very Indian. On 26<sup>th</sup> January 1950, the constitution of India came into force and our country, India became the Republic. We celebrate this day as a festival every year. This year it was celebrated with Pomp and showing our college. On the occasion of Republic Day, the NSS unit of Rise Krishna Sai Gandhi Group of Institutions celebrated Republic Day celebrations. This program was initiated by NSS P.O, volunteers and the students of all sections who were supported by the management. The Chairman Sri I.C Rangamannar Garu, Vice Chairman Sri Sidda Venkateswara Rao Garu, Director Sri

T.V Subbaiah Garu, Principals of both the colleges, H.O.Ds of all the departments, faculty members and all the dignitaries attended to the function.

Chairman Sri I.C Rangamannar Garu, Vice Chairman Sri Sidda Venkateswara Rao, Director Sri T.V Subbaiah Garu, and Principals of both the colleges are honored by the NCC cadets and headed towards the Flag hoisting arena. Vice Chairman Sri Sidda Venkateswara Rao Garu offered a coconut to the flag and hoisted the flag. Then the gathering raised their voices at once with enchanting 'Jai Hind'. After wards some of the girl students sung some patriotic songs. The speeches of all the dignitaries filled everyone's heart with patriotic feel. The program ends with the National Anthem Janaganamana. After wards some sweets were distributed to all the students and faculty members.

#### Outcome of the event

- Awareness campaigns for Independence Day celebrations boost patriotic spirit and unity among citizens.
- o Increased awareness leads to more inclusive and meaningful Independence Day festivities.
- Enhanced knowledge about the significance of Independence Day fosters a deeper appreciation of freedom and democracy in the community.

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# International Women's Day

Date:08-03-2019

**Venue: RISE Campus** 

No. of participants – 350 (students and women from the nearby village Valluru)

Collaboration with: Graduate women Assosiation

The NSS UNIT in association with RAGA of RISE KRISHNA SAI GANDHI GROUP OF INSTITUTIONS to uphold the dignity and respect of all women organized a wholesome and a unique kind of Women's Day Celebrations.

The celebrations started on 8<sup>th</sup> march 2019 at 10 AM with a warm welcome of the guest by the girl students kolatam performance. The formal program started with the alighting of the lamp, followed by the inspirational talks about women empowerment by the guest Mrs. Pallavi IAS, Mrs. M.G. Priyadarsini garu Principal District and Sessions Judge, Prakasam (dt), Smt. Sidda Surya Kumari garu, Sidda Pravallika garu, Sidda Archana garu, Chairman, Scretary & Correspondent, Treasurer and Principals of RISE Krishna Sai Gandhi of Institution and Polytechnic colleges gave their valuable message.

The essence of the messages is there should be respect and dignity for Women. Have total independence of their own life and lifestyle in their personal and professional life. They should not be discriminated while providing education. There should not be any discrimination between woman and man while giving employment.

Everyone took pledge to take a concrete step to help achieve gender parity more quickly. Each of us can be a leader within our own spheres of influence and commit to take pragmatic actions to accelerate gender parity. Students who stood first in academics, research paper presentations, and sports were appreciated with mementos. The program ended on a powerful note as, a video on Women achievers was played as a tribute to all women. The celebrations came to an end with the felicitation of the chief guest Smt. Pallavi.Akurathi, IAS.

#### Outcome of the Event

• International Women's Day celebrations foster gender equality awareness and empower women to strive for their rights and opportunities.

 Increased awareness about women's achievements and challenges promotes a more inclusive and supportive society.

 Celebrating International Women's Day inspires positive change and advocates for gender equity in communities and workplaces.

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